

If you're having trouble figuring out how to approach language learning, you can use this list to get started. You don't have to follow these specific guidelines or the given examples. The idea is simply to set yourself up for regular practice and to develop your abilities in the different aspects of language: speaking, listening, reading, and writing. We've put an emphasis on speaking and listening here because we've often found that those are aspects that people most want to improve but sometimes shy away from. Fill this page with your own ideas and keep it around as a reminder to keep working towards your goals.



# My motivation for learning French:

examples: to bring the language back in my family, to work for an international company, to show my immersion student I'm learning alongside him/her, etc.



#### Something I can do every day to practice my French:

ex: a quick app lesson, a daily news alert in French, a stack of flashcards (paper or online), etc.



# Things that make me practice listening:

ex: a French-language film/video with subtitles, a podcast or radio show, a text with read-along audio, etc.



## Things that make me practice speaking:

ex: a French Table, singing along to French-language music, a one-on-one conversation partner, etc.



### Something I enjoy doing and that I can try to do in French:

ex: a French-language broadcast of a sporting event, doing yoga in French (online videos or there are some local instructors), streaming American films/TV with the French subtitles/voiceovers turned on, etc.



### A method for storing vocabulary as I learn new words and phrases:

ex: a specific notebook, a box of notecards, a Google Doc, etc.